



# MOBILE MOC

*A mobile health program primarily serving older adults and caregivers in rural Tennessee through our free Mobile Mocs unit. We are driving towards a healthier Tennessee.*

## Grundy County

### Location: Justus Memorial Library

24 Dixie Lee Avenue, Monteagle, TN 37356

**When: Second Thursday of Each Month, 9am-1pm CST**

#### 1. WHO WE ARE

Our mobile health unit is a specially equipped vehicle designed to bring healthcare services to older adults and caregivers in rural communities. Our qualified healthcare team will travel to ten Southeast Tennessee counties (Bledsoe, Grundy, Hamilton, Bradley, Polk, McMinn, Meigs, Rhea, Sequatchie, and Marion County) to provide medical care, preventative screenings, annual wellness exams and important support services.

#### 2. WHO WE SERVE

Older adults (ages 62 years+) and caregivers are priority. Adults 18 years+ may be served if time permits. Individuals will be seen regardless of insurance or residency status.

#### 3. COST OF SERVICES

There is no charge for services rendered by Mobile Moc providers.

#### 4. WHERE WE SERVE

Our Mobile Moc unit will provide monthly services in each Southeast Tennessee county. Dates and locations will be determined based on need. For more information visit [utc.edu/engaging](http://utc.edu/engaging) or email [mobilemoc@utc.edu](mailto:mobilemoc@utc.edu).

#### 5. OUR PROVIDERS

Healthcare services are provided by licensed and experienced providers. The University of Tennessee Chattanooga faculty and students will support the Mobile Moc providers to provide much needed interprofessional care.

#### 6. OUR SERVICES

**Primary Care:** Annual Wellness Exams, Cancer Screenings, Vision Screening, Hearing Screening, Acute Care (New Illness), and Specialist Referrals

**Functional Care:** Strength & Balance Assessment, Activities of Daily Living, Home Assessment, Home Modification Referral, and Adaptive Equipment

**Mental Health:** Screening & Referrals

**Memory:** Screening, Examination, Specialist Referral, and Community Resources

**Caregiver Support:** Health Screenings, Resource Navigation, and Support Groups

**Other Support:** End-of-Life Planning, Nutrition, Chronic Disease Management, Medication Assistance, Benefits Assistance, and Telehealth



Contact Us!  
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ENGAGING Communities



Funded by a grant awarded from the Healthcare Resiliency Fund and the Tennessee Department of Health, Mobile Moc is proud to partner with the Southeast Tennessee Area Agency on Aging to provide older adults and caregivers tools needed to age successfully.